



2017 Race Results

OVERALL CATEGORY WINNERS

BirdsHillDuathlon.com / WinnipegTriathlon.com

The overall and KOS age group first place athletes will receive a \$25 Woodcock Cycle Works gift certificate.

To win, you must accumulate the highest number of points in your age category, at the same race distance. **Best 3 of 4 races in one race distance only**, will determine the winners. Race Director reserves the right to make final changes should a race be cancelled.

Note: In the event of a tie, the winner will be decided by the outcome of the last 'head to head' race. The Race Director will make the final decision, if required, after that and there will be no appeals.

Winners will be decided by points earned:

1st	2nd	3rd	4th	5th
50pt	40pt	31pt	23pt	16pt

Male Adult Short Duathlon – 2km Run + 13km Bike + 2km Run

Age Group	Name	Club	Race 1	Race 2	Race 3	Race 4	Total (Best of 3)	Tiebreaker	Winner
16-19	Noah Wiens	Tri MB	50		40				
	Bryce Jenkins	Tri MB	40	31	50		121		
	Quinn Desrochers	MTC		50					
	Adam Naylor	MTC		40					
	Keagan Kantimer	MTC		23					
20-29	Josh Malenchak	Tri MB	50		50				
	Lucas Roy	Tri MB	40	40					
	Matthew Tessier	Tri MB	31		40				
	Trevor Penner	Tribalistic		50					
	Adam Haddad	Tri MB		31					
	Shawn Wickens	Tri MB			31				
	Scott Entz	Tri MB				50			
	Trenton Thompson	Tri MB				40			
	Kyle Suebzon	Tri MB				31			
	PJ Fitch	WTC				23			
	Jerome Verga	Tri MB				16			
	30-39	Anthony Densmore	WTC	50					
Kurtis Laframboise		Tri MB	40						
Steven Hall		Tri MB	31		31				
Stephen Moore		Tri MB		50	23				
Raymond Avanthay		Tri MB			50				
Troy De Viet		Tri MB			40	31			
Les Friesen		WTC							
Ryan Galley		Tri MB				50			
Jacob Snell		Tribalistic				40			

	Anthony Bulanadi	Tri MB					23	
	Scott Harmacy	Tri MB					16	
40-49	Jason McNicholl	Tri MB	50					
	Marco McDonald	Tri MB	40	23	40	23		103
	Kevin Wolk	Triple Threat	31	16	31			78
	Gary Gervais	Tri MB	23					
	Travis Smith	Tri MB	16					
	Chris Kozakowski	Tri MB		50			40	
	Scott Braun	Tri MB		40	23			
	Tim Rogalsky	WTC		31				
	Romel Marquez	Tri MB			50			
	Henry Moesker	Tri MB			16			
	Jason Howden	Tri MB					50	
	Grant McMillan	Tri MB					31	
	Corrado D'Antonio	WTC					16	
50-59	Pascal Gariepy	Tri MB	50				40	
	Darren Reimer	Tri MB	40	50				
	David Peterkin	WTC	31	31	16			78
	Ken Chartrand	Tri MB	23					
	David Markham	Triple Threat		40	31			
	Richard Rusk	Tri MB					50	
	Dean Morisseau	Tri MB					40	
	Tito Sarmiento	Tri MB					23	
	Kevin Read	Triple Threat					50	
	Robert Smith	Tri MB					31	
	Robert Grantham	Tri MB					23	
	Jim Wernham	Triple Threat					16	
60-69	Neil Ferguson	Tri MB	50	50	50			150 *40:14 \$25 - Adult Short Male Overall Winner
	Al Stewart	Tri MB	40	40	40	50		130
	Joe Heaver	Tri MB	31	31		31		93
	Bruce Gregory	WTC		23				
	Stig Hansen	Tri MB					40	
70+	Bob Groff	Tri MB	50	50		50		150 *43:16
	Jim Anderson	Tri MB	40	40		40		120
	David Densmore	Sulong			31	31		

Female Adult Short Duathlon – 2km Run + 13km Bike + 2km Run

Age Group	Name	Club	Race 1	Race 2	Race 3	Race 4	Total (Best of 3)	Tiebreaker	Winner
16-19	Kayla Abbott	Tri MB	50	31	31	40	121		
	Claire Healey	MTC		50					
	Caitlyn Roy	MTC		40					
	Hailee Morisseau	Tri MB			50				
	Morgan Ott	MTC			40	50			
20-29	Kelby Loeppky	WTC	50		50				
	Geralyn Wichers	Tri MB	40			16			
	Erin Rafferty	TriFactor		50	40	31	121		
	Lara Mielke	Tri MB		40					
	Brittany Whyte	Tri MB		31	31				
	Ariane Morissette	WTC				50			
	Desiree Danchuk	Tri MB				40			
	Keyea Morrow	Tri MB				23			
30-39	Agnieszka Gigiel	Tribalistic	50	50	31	40	140		
	Jenny Hall	Tribalistic	40		23	23	86		
	Aileen Smith	Tri MB	31	31					
	Brandi Brydges	Tri MB	23						
	Kristin Locke	Tri MB		40	40	31	111		
	Kasia Slobozian	Tri MB		23					
	Sandra Stephen	WTC			50	50			
	Becky Raddatz	Tri MB			16	16			
40-49	Brandi Smith	Tri MB	50	50		50	150		\$25 Adult Short Female Overall Winner
	Kristine Driedger	WTC	40						
	Marie-Claude McDonald	Tri MB	31	31	40		102		
	Kerri Drosdowech	Tri MB	23	16	23	16	62		
	Cindy Zechel	Tri MB	16						
	Ayn Wilcox	WTC		40	50	31	121		
	Maria Quintas	Sulong		23	16				
	Irene Plett	Tri MB			31				
	Anne Barkman					23			
	Michelle Clyde	Tri MB				40			
50-59	Sandi Goertzen	Triple Threat	50	50	31	31	131		
	Astrid Debruyne	Tri MB	40		23	23	86		
	Cheryl Hill	WTC		40					
	Lee Stewart	WTC			50	50			
	Gerry Borus	Tribalistic			40	40			
	Tracie McDonald	Tribalistic			16	16			
60-69	Edwina Keats	Tri MB		50					
	Nicole Mercier	Tri MB		40					
	Carolyn Smith	Tri MB			50	50			

Female Adult Long Duathlon – 4km Run + 24km Bike + 4km Run

Age Group	Name	Club	Race 1	Race 2	Race 3	Race 4	Total (Best of 3)	Tiebreaker	Winner
20-29	Ariane Morissette	WTC	50						
	Nicole Walker	Tribalistic				50			
30-39	Janette Rodewald	Tri MB	50						
	Paula Anderson	Sulong	40		50				
	Meredith Fraser	Tri MB			40				
	Lindsay Burns	Tri MB			31				
	Andrea Richardson-Lipon	Tri MB			23				
	Christine McKinley	Tribalistic				50			
	Maricel Gonzales	Tri MB				40			
	40-49	Maria Quintas	Sulong	50					
Danielle McKinnin		Tri MB		50					
Melissa Budd		WTC			50				
Christa Rusk		Tribalistic				50			
Lisa Penner		Tri MB				40			
50-59		Nancy Goodall	Triple Threat	50	50		50	150	
	Tracie McDonald	Tribalistic	40						
	Stephanie Roberecki	WTC			50	40			

Male KOS Short Duathlon – 200m Run + 2km Bike + 400m Run

Age Group	Name	Club	Race 1	Race 2	Race 3	Race 4	Total (Best of 3)	Tiebreaker	Winner
6-9	Jacob Carlson	Tri MB	50						
	Darius Schriemer	WTC	40	40	31	40	111		
	Yacine Mendoza	Tri MB	31	50	50	31	131		
	Isaiah Wong	Tri MB	23	16					
	Braden Kozakowski	Tri MB	16						
	Ethan Avanthay	Tri MB		31	40	50	121		
	Nicholas Edbom	Tri MB		23	23	23	69		
	Kyreece Penner	Tri MB			16				
	Tyler Lenius	Tri MB				16			
10-11	Morgan Waddell	Tri MB	50	50	50	40	150		\$25 KOS Short Male Overall Winner
	Fayt Paquin	Tri MB	40						
	Nolan Kozakowski	Tri MB	31	16	31	31	93		
	Ryland Stepien	Tri MB	23	23	16		62		
	Adam Frick	Tri MB	16		23				
	Jonah Wong	Tri MB		40					
	Caden Prescott	Tri MB		31	40				
	Caelan Guyot	Tri MB				50			
	Liam Sheffield	Tri MB				23			

Female KOS Short Duathlon – 200m Run + 2km Bike + 400m Run

Age Group	Name	Club	Race 1	Race 2	Race 3	Race 4	Total (Best of 3)	Tiebreaker	Winner
6-9	Katrina Irwin	Tri MB	50	23	50		123		
	Senia Mendoza	Tri MB	40		31	40	111		
	Mackenzie Jonker	Tri MB	31		40				
	Abigail Witt	Tri MB	23		23				
	Adia Branconnier	Tri MB		50					
	Julie Moesker	Tri MB		40		50			
	Aubrey Boughen	Tri MB		31					
	Janelle Borrowman	Tri MB		16					
	Amy Froese	Tri MB			16				
10-11	Sydney Edbom	Tri MB	50	50	50	40	150		\$25 KOS Short Female Overall Winner
	Ali Pangman	Tri MB	40	40	40		120		
	Hailey Schellenberg	Tri MB	31	23	16		70		
	Grace Takeuchi	Tri MB	23			16			
	Aubrey Boughen	Tri MB	16						
	Kate Sigurdson	Tri MB		31	31	31	93		
	Taya Clark	Tri MB				50			
	Madison Slubo				23				
	Amanda Flores	Sulong				23			

Male KOS Long Duathlon – 400m Run + 13km Bike + 2km Run

Age Group	Name	Club	Race 1	Race 2	Race 3	Race 4	Total (Best of 3)	Tiebreaker	Winner
12-13	Blake Harris	MTC	50	50	50	50	150	*35:03	
	Matthew Zechel	MTC	40	40	40	40	120		
	Damian Schreimer	WTC	31	23	23	23	77		
	Hunter Schreimer	WTC	23	16		16	55		
	Caleb Moore	Tri MB	16		16				
	Carter Ranville					31			
	Mitchell Vanstone	Tri MB		31	31				
14-15	Unai Apraiz Zenon	MTC		50	50	50	150	*32:48	\$25 KOS Long Male Overall Winner

Female KOS Long Duathlon – 400m Run + 13km Bike + 2km Run

Age Group	Name	Club	Race 1	Race 2	Race 3	Race 4	Total (Best of 3)	Tiebreaker	Winner
12-13	Madison Firlotte	MTC	50	50	23		123		
	Emma Malkoske	Tri MB	40	40	50	50	140		
	Maggie Malkoske	Tri MB	31	31	40	40	111		
	Isabel Cwiak	Tri MB	23						
	Hannah Moesker	Tri MB		23	31	31	85		
14-15	Megan Vanheyst	MTC	50	50	50	50	150		\$25 KOS Long Female Overall Winner
	Zoe Penno	MTC	40		40				
	Heidi Zechel	Tri MB	31		23	23	77		
	Annika Niblock	MTC	23	40		40	103		
	Naomi Brown	Tri MB		31	31	31	93		
	Haley Ras	Tri MB		23					

Summary

	Adult Short Overall Winner	Adult Long Overall Winner	KOS Short Overall Winner	KOS Long Overall Winner
Male	Neil Ferguson	David Gerrard	Morgan Waddell	Unai Apraiz Zenon
Female	Brandi Smith	Nancy Goodall	Sydney Edbom	Megan Vanheyst



Results:

- Overall category results based on 2016 series results provided by Steve from Results Canada
- If you see a problem with these results, please contact our Race Director, John Gray at du.in.the.park@gmail.com
- Please see BirdsHillDuathlon.com for information about the series and series' points totals

Thanks to:

- **Race Organizers:** John Gray (Race Director) & Winnipeg Triathlon Club
- **Sponsors:** Woodcock Cycle Works, Stride Ahead Sports, Alan Reiss Re/Max, Vic's Market, 99.1 Fresh Radio, Jem Insurance

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